KNOW OVERDOSE

Do it with friends

Use with people and take turns. Try not to use alone, or have someone check on you.



Use naloxone (Narcan®) to save lives: Naloxone is a medicine that reverses overdose from opioids including heroin, prescription pain pills and fentanyl.

Get free naloxone (Narcan®) + overdose prevention training: Injectable naloxone is available at local syringe access programs. Nasal spray naloxone is available at CBHS Pharmacy, 1380 Howard St.

DRUG OVERDOSE the dope PROJECT PREVENTION EDUCATION

harmreduction.org/dope

harm reduction COALITION

San Francisco Department of Public Health

LET'S TAKE CARE OF EACH OTHER, SAN FRANCISCO

KNOW OVERDOSE

We're better together

Know the signs if someone is overdosing.
Carry naloxone and know how to use it.



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Listen to your body

Your health is important and impacts overdose.
Drink water, eat, rest as much as possible.



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Change it up

Try ingesting or smoking instead of snorting.



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Take it easy

Go slow and use less at first to test the strength of your drugs.



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In loving memory of Pat Bolden,
3.22.55 - 5.18.19

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